

# *i*DANCE

MAGAZINE

*Special  
Edition*

**Angelik  
Solís  
Quintanal**



Special 2020 \$24.99



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# Angelik Solís Quintanal

Angelik Del Mar Solis Quintanal has 16 years old, she is from Puerto Rico. She began his professional training at the age of eight, at the School of Ballets of San Juan, where she studied up to ballet Level 5 and the third Level of Modern Dance. In addition, she studied the Intermediate Level of the Altuz Ballet School directed by Edna Altuz and complemented her training by taking Pilates classes at Adhara Studio and Physical Efficiency with Karla Sánchez.

Currently, she trains at the ballet school Centro Danza, in charge of the first ballerina Laura Valentín and Osmay Molina from Cuba, where she attends the 5/6 level of ballet and different disciplines such as: Spanish dances, Ballroom, Contemporary, Jazz and Acrobatic Ballet.

In August, she begin the third year of high school and level 7 of ballet at the Specialized Ballet School Julian E Blanco, where she received 3 hours of ballet training by Orlando Carreras (Ballet Technique) Carmen Ana Rodriguez (Variations) and Liulma (Variations).

Her goals are to become a professional dancer and be part of a company in the United States.

Her challenge is to be technically equal to the dancers of the United States being trained in Puerto Rico.

She had great experiences throughout her training. Within the activities of the school year 2018-2019 participated in the school presentation "Poem Symphonic", she also had the opportunity to perform in various activities such as the "Encendido de Navidad in Fortaleza, International Women's Day Activity, Dance Festival (Vega Baja) and a special participation with Ballet Concierto de Puerto Rico at the Festival of Movement 2019.

She has participated in the performances of El Rey León (2019) and Swan Lake (2019) of Centro Danza, her current ballet school. In addition to a variety of activities in



which she has participated with the Institute of Culture of Puerto Rico.

Angelik's time at Ballets de San Juan participated as a student in the presentations: Pictodanza (2013), La Boutique Fantástica (2015), La Estrella de Varnia (2017). In 2018 she had the opportunity to dance as corps with the Ballets de San Juan Company as her 14 year in Fire Bird, Carmen and La Fille Mal Gardee.

As part of his classical preparation, she has taken the following intensive summer: Intensive Workshop of the Conservatory of Ballet Concert (2015), Cuballet (2016), Intensive Workshop

of Ballets of San Juan (2017-2018), Pointe Workshop (2016 - 2018) under the direction of Nahir Medina, current Artistic Director of Ballets de San Juan, Pointe Workshop (2018) under the tutelage of Edna Altuz, current director of Altuz Ballet. She also took classes at Steps On Broadway, NYC (2018) with renowned teachers Nancy Beilsky and Charla Genn. In addition, she has participated in the documentary Amor al Arte: El ballet (2016) directed by Jennifer V Becerril.

In 2019 she has participated in the Intensive Workshop at the School of Fine Arts of Santo Domingo (April), by Iván Monreal Alonso and Centro Danza

Summer Workshop (June) with Laura Valentín.

Her achievements are the acceptance in the Summer Intensive at The School of Pennsylvania Ballet (June-July 2019), by renowned teachers and dancers such as: James Payne (director) Blanca Huertas, Sterling Baca (Principal Dancer) and Nayara Lopez (Principal Soloist). Recently in February 2020 she had the opportunity to participate in the first classical ballet competition in Puerto Rico called "Puerto Rico Classical Dance Competition" by Puerto Rican teacher Blanca Huertas. She present the variation of Dulcinea of the Second Act of Don Quixote in the category



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Senior Division, obtaining the fourth place of the Top Five. She received scholarships from NY Dance Project Summer Intensive, Ballet Hispanico in NYC, the acceptance to The University Of Utah Ballet Summer Intensive and award from Gaynor Minden.

This year she was accepted at the following summer intensive: The School of Pennsylvania Ballet, The School of Cadence Ballet in Canada, The School of Washington Ballet and ABT Summer Intensive.

Angelik is a determined, disciplined young lady and most importantly respects and loves what she does. "Dance with your heart and follow your dreams".

Achievements: Angelik's ballet

studio is Centro Danza. Centro Danza is an innovative center of education and training in the arts of dance and focused on ballet. We develop dancers with the high performance, technical quality, artistic understanding and passion for the philosophy of dance.

Photographer: Luis Negrón









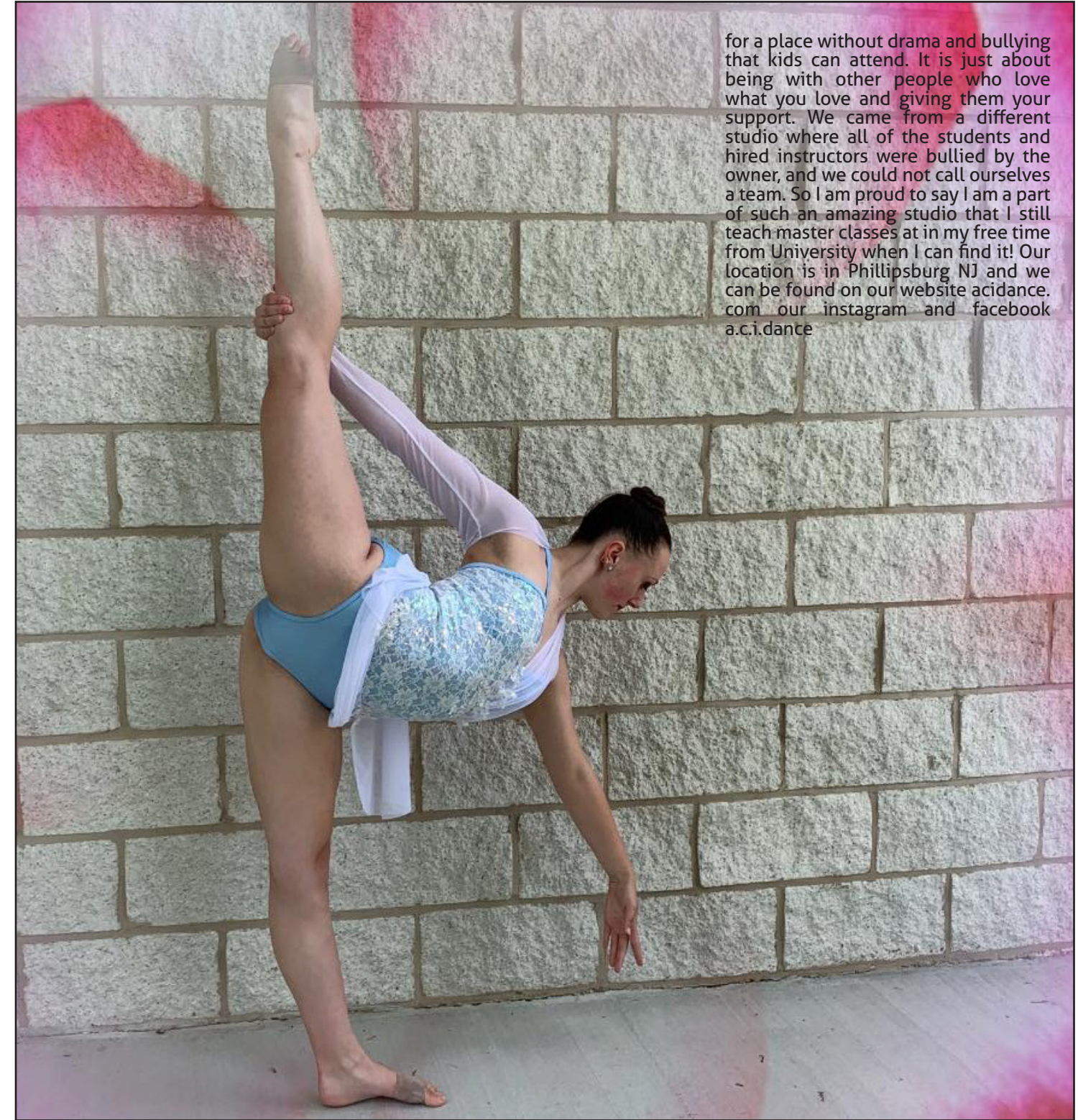


my name is Brianna Bowlby, I will be a sophomore at Montclair State University as a BFA dance major. My goals/dreams are to graduate with this degree and travel the world with a company, spreading dance awareness, and the importance and beauty of this art. I have been teaching classes since I was thirteen years old, which has been a big passion of mine as a dancer, teaching others has taught me leadership, respect, and determination. I have always loved being around kids and helping them grow not only as dancers but also as people with the same respect, determination, and leadership that I have learned. I

also attended a performing arts high school about an hour away from my home and town schools. For the reason that my schools didn't have a dance concentration. I knew that if I wanted to be a professional one day that I needed more serious training than at a studio. I wanted to spend as much time in a studio and working with different artist till my audition days came. One of my biggest challenges with this decision was the travel everyday to be there, as well as bullying that I had to face, even from teachers. From this experience I discovered that none of that mattered in the end, I was right where I wanted to be, dancing and growing. I made it to

where I wanted to be, Montclair State University knowing that I had such a bright future ahead with what I wanted to do for the rest of my life. I knew that all of these hard things I was going through would only make me a better and stronger person, and it definitely has.

**Achievements:** My studio that I am an alumni at is Artistic Centre of Innovative Dance, we have multiple overall titles at competitions. even though we are very new we have grown a lot. My parents and one of my closest friends a graduate from Rutgers University with her BFA in dance Marisa Walker opened this studio



for a place without drama and bullying that kids can attend. It is just about being with other people who love what you love and giving them your support. We came from a different studio where all of the students and hired instructors were bullied by the owner, and we could not call ourselves a team. So I am proud to say I am a part of such an amazing studio that I still teach master classes at in my free time from University when I can find it! Our location is in Phillipsburg NJ and we can be found on our website [acidance.com](http://acidance.com) our instagram and facebook [a.c.i.dance](https://www.facebook.com/a.c.i.dance)





Brooke has been dancing at Dream Xtreme Dance for 4 years. She has been in company for 3 years. Brooke broke her arm last year but never skipped a beat. She has been working hard at dance and loves it.

She was the ambassador for Discount Dance in the fall of 2019. This year was her first solo for competition but unfortunately all her dance competitions were cancelled.

Achievements: Dream Xtreme Dance by Nikki is located in Franklin, NJ. Nikki Primo is her dance teacher.

Photographer: Clay Morgan

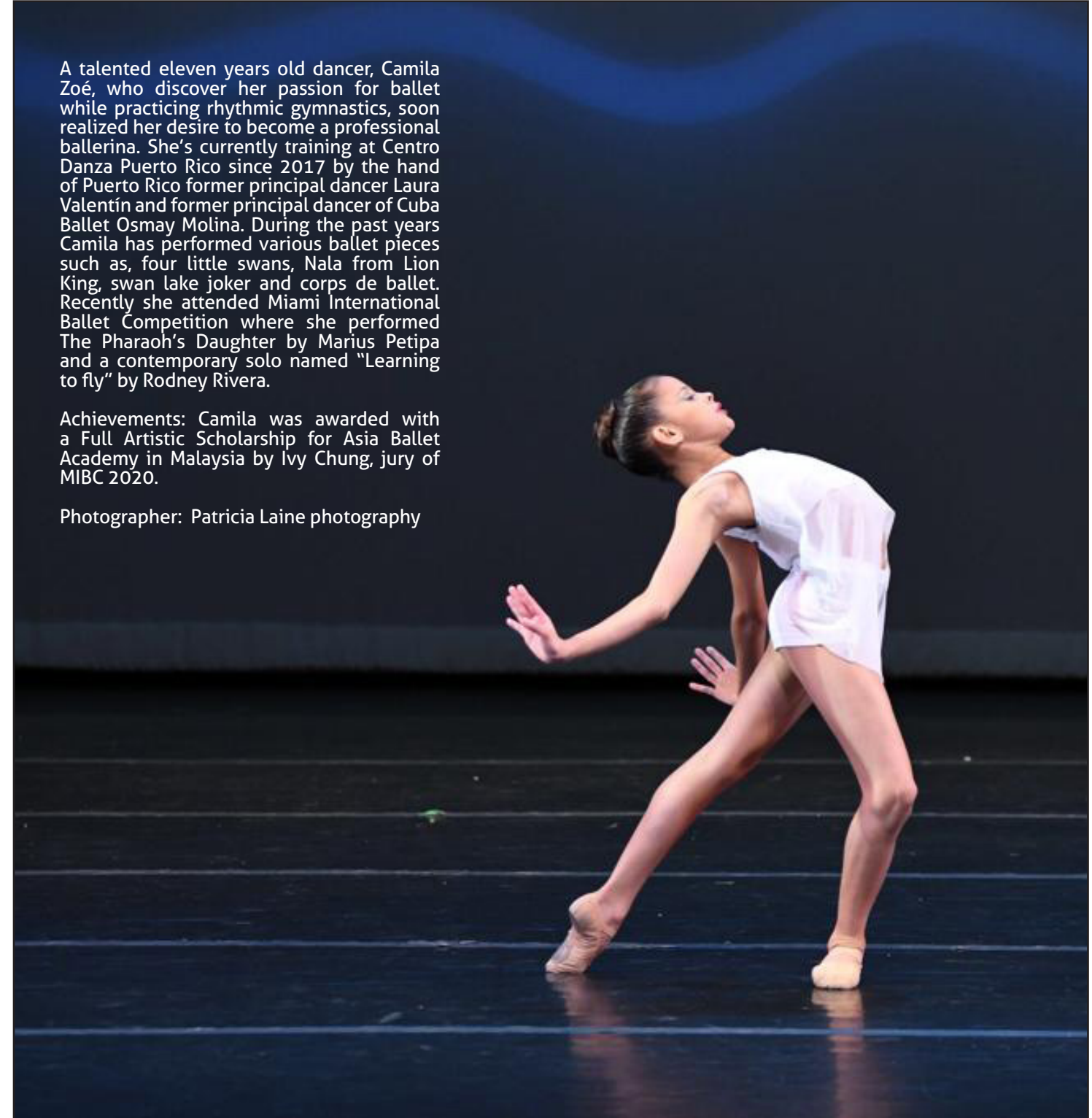




A talented eleven years old dancer, Camila Zoé, who discover her passion for ballet while practicing rhythmic gymnastics, soon realized her desire to become a professional ballerina. She's currently training at Centro Danza Puerto Rico since 2017 by the hand of Puerto Rico former principal dancer Laura Valentín and former principal dancer of Cuba Ballet Osmay Molina. During the past years Camila has performed various ballet pieces such as, four little swans, Nala from Lion King, swan lake joker and corps de ballet. Recently she attended Miami International Ballet Competition where she performed The Pharaoh's Daughter by Marius Petipa and a contemporary solo named "Learning to fly" by Rodney Rivera.

Achievements: Camila was awarded with a Full Artistic Scholarship for Asia Ballet Academy in Malaysia by Ivy Chung, jury of MIBC 2020.

Photographer: Patricia Laine photography







I am 14 years old and I love to dance. I do all styles of dance but my preferred style is contemporary. I have been dancing since I was six. I dance in Lee's Summit Missouri at Reed Performing Arts Company.

Two years ago I became ill. I was in hospital for two months because I was septic then found out I had a bone disease called osteomyelitis. When we found out about the osteomyelitis and what was causing my sickness I had immediate surgery on my leg. I was devastated at first thinking this would end my dance career. After returning home there was a lot of rehabilitation

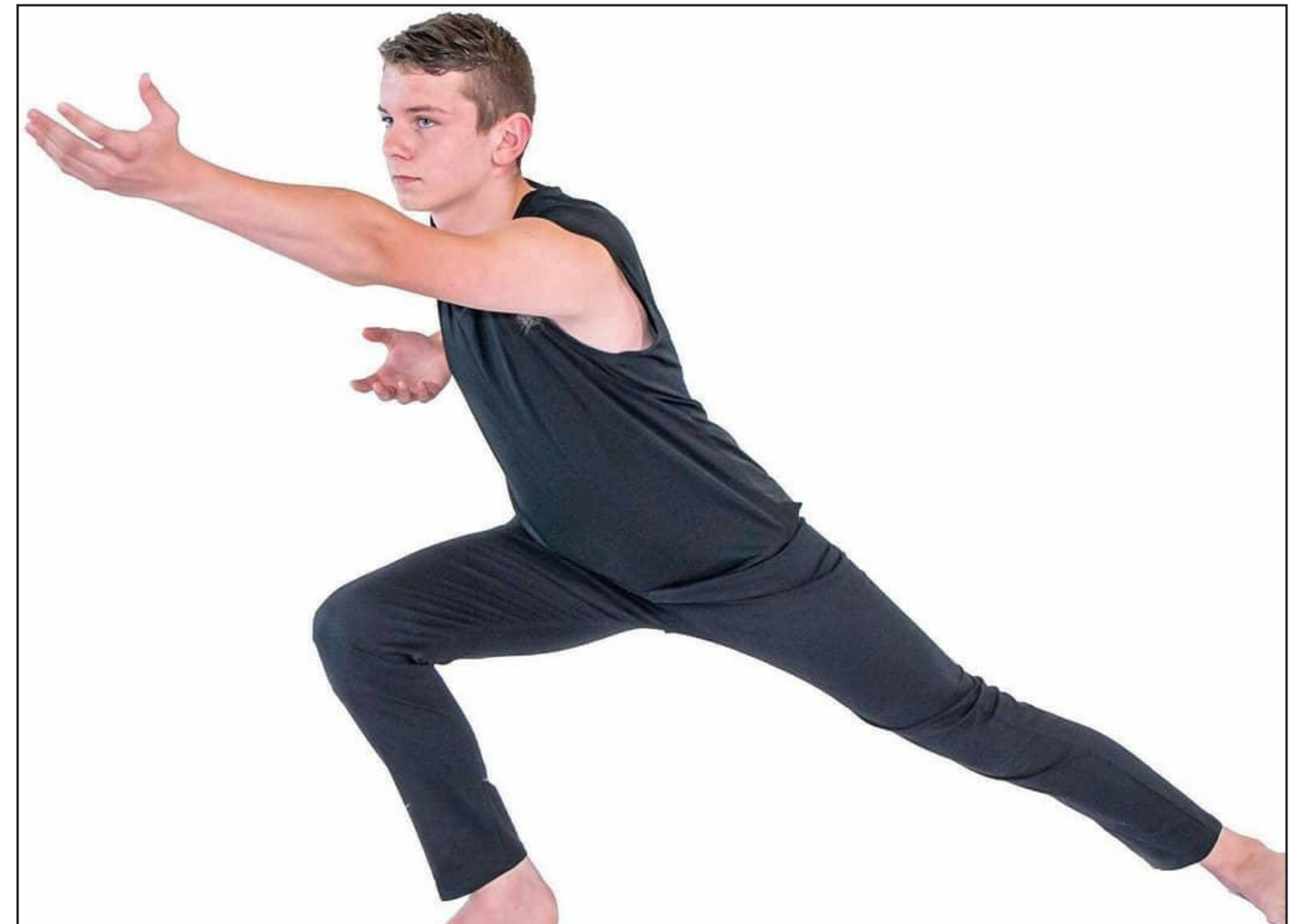
but I was determined to get back on the dance floor. I worked doing conditioning and wights. I did full out as much as I could with hopes I could perform at our last regional to make it to Nationals. I was not supposed to heal that fast but with in six weeks I had rehabed myself back and developed a stronger body than I ever had before. Now two years later I'm at dancing again stronger than ever.

I love to dance, it's my passion but I also have a love for basketball and have been on my school team for the last few years. My love of Dance and Basketball keeps me going at all times.

My accomplishments are I received a Joffrey scholarship. KCJDI scholarships and a AIN scholarships for my dancing abilities. My experience gaining these scholarships where life changing to attend their intensives. My favorite was attending Joffrey in Las Vegas and meeting my dance idol Micheal Dameski and being trained by him.

Achievements: Reed Performing Arts Company, Lee's Summit, Missouri-Studio of Excellence winner.

Photographer: Joslyn Snead







Daija's goals are to continue dancing through any and all stages of her life and spread the joy of it to others. She is not only a college student but also is employed full time. All though she is a very hard worker and stellar student, her dancing keeps her going! She has danced most of her life and has won many awards as an individual and also dancing with the Fillies of West Mesa High School in New Mexico and On Stage Performing Arts dance studio. She is a national dance champions and has also been awarded all American!





My name is Elyria, I am 27 years old, and I am an award winning dance trapeze artist.

I was never athletic. In fact, I had heart problems as a kid so I avoided any jarring exercises until it was corrected at 17. In college, at about 19, I saw a video of a Cirque du Soleil artist dancing on a pole about 30 feet in the air, and I fell in love.

I was 21 when I took my first pole dancing class. I was no good. I was ashamed to attempt dancing in a class full of people, so I took a few private lessons. I had to leave my first lesson early because I was so exhausted that I could not hold myself up on the pole anymore.

I was embarrassed, but I was determined. I bought a pole second hand, and I started practicing at home. It took a year or two before I felt confident enough to let anyone see me dance.

By about 23, I had found a circus studio to try out. I tried silks and lyra first, and I hated them. The trapeze was the last thing I thought I'd be interested in, but I got hooked. I learned everything the teacher had to offer.

A couple years in, the teacher had enough confidence in me that I was allowed to try new things. She walked me through creating my first routine. My first performance was cancelled due to a storm. I spent hours getting costume and makeup done to stand around in the cold rain. I still got to perform the routine at a small, last minute showcase at the studio, and after that performance I felt like I could take on the world.

Soon, I was creating my own routines and grabbing every open gym opportunity I could to practice. I would drive two hours to work with a dancer in Johnson City who helped polish my routines. I competed in Texas, and the judges were amazed that the bulk of my movements were self-taught. They told me my second hand bargain trapeze was not worth the tricks I was doing on it. That was an incredible confidence boost for me.

I invested in a better trapeze - a brand new one. I pushed myself to learn new, difficult



things. There were bruises, rope burns, torn callouses, and even a chipped tooth once. By the time I'd registered for my next competition I was miles from where I'd started.

A month before I was to compete in the National Aerialympics at the advanced level, I sprained a tendon in my foot. I was terrified, but I did my best to stay calm. I followed doctors orders and stayed off the foot for the whole month. I watched my rehearsal videos over and over to rehearse mentally. I flew across the country with my foot still in a boot.

I knew I would be okay. The benefit of aerial dancing is that that foot never needed to touch the ground! After watching my rehearsal videos, I knew I'd only be using the weak foot twice during the whole routine.

I was in a new place, and I didn't know anyone. My tactic and best advice: find the loudest person in the crowd and become friends. The aerial community is special. They are the most supportive group of people I've ever encountered. Rather than fearing my competition, I invited them all out to lunch. By the time my event came up, we were all cheering for our new friends from the wings of the stage.

I took off the boot, left my fears back stage, and I pulled off an almost flawless performance!... I took first place.

Don't ever give up on what you love. Don't let set backs discourage you. Support those around you. Get lost in the moment.

And if you ever want to take a swing on the trapeze, come fly with me!  
-Elyria

Achievements: Elyria  
1st place advanced specialty national aerialympics 2019  
best experienced trapeze capital of texas aerial championships 2018  
Honorable mention Inanimate Dance 2019 and 2020  
Youtube: <https://www.youtube.com/user/PrincessDerge>  
Instagram: @ga.elyria

Credits: Christy Mueke - trapeze teacher (dragonfly aerial arts, knoxville)  
Jen Kintner - dance/aerial teacher (azure aerial, johnson city)  
Tricksee and Lucee - dance support and showmasters (miss fit academy, nashville)

Photos: melissa passons photo (nashville)  
Incabulous (salt lake city)  
Starrlight photography (knoxville)





I have been dancing for 18 years, 2 of those years in a college dance program and 10 of those years competitively (many local and national competitions as well as YAGP, TASCHO and Denver Ballet Guild) When I was 17 I was diagnosed with a chronic nerve disorder called Complex Region Pain Syndrome. My right arm is extremely sensitive to all things such as a gust of wind brushing against my skin feels like my arm is being broken. My dream is to finish college, dance in any company, then open a studio for kids with disabilities. I am a dance scholarship student at the University of Wyoming, and have won several other scholarships growing up in competition dance.

Achievements: I previously danced at Premier School of Dance. They are a mother, daughter run studio that



has been training dancers for 27 years, and are located in Thornton, Colorado. They have had dancers go all over the world for college dance programs and performing in several companies like Arkansas Ballet. Their Competition team, while it's not their studios main focus, has been receiving top award for years in all areas and styles of dance. They train their dancers to have strong technique and have strong life morals. All the teachers at Premier believe that dance provides valuable life skills along with dance training such as; respect, humility, responsibility to oneself and others, team work, personal goals, creative expression, and personal achievement.  
<https://www.danceatpremier.com/>

Photographer: Gina Lantz  
Photography





Fouad Farran has been dancing since he was 6 and he has learned different genres of dancing. He started as a break dancer and evolved his dancing further to hiphop. His goals were to be able to help learn to listen to the music and develop the ability to move freely and have fun. The challenges he faced were the endless days of practice and learning different moves and genres of dancing. Fouad has many experiences such as dancing in dance competitions, dancing at Madison Square Garden

half time show, dance at a nets game, dance at the cyclone half time show, act in a commercial, perform in an off theater show and danced in many dance conventions such as monsters of hiphop. Traveled and represented USA at IDO championship in Bremerhaven Germany. There are many other experiences but there are far too many to list, His achievements have come so far that he has engaged with other dance cultures and experienced his own self in dancing as well.



Achievements: The studio team he dances with is located in Brooklyn and their achievements are to help these kids progress and grow stronger every time they perform on stage. The studio has molded my child into a wonderful dancer and yet they continue to push till there is no tomorrow.

Photographers: Randy Contello: Competition Venues such as Starquest or either me





Hailey has been dancing since the age of 2. She was asked to join the competing company at 5 and asked to do A solo. She always places in the top 10 overall for her solos and duos at regional and national competitions. She has also been recognized on competition company's social media accounts showcasing her ballet technique.

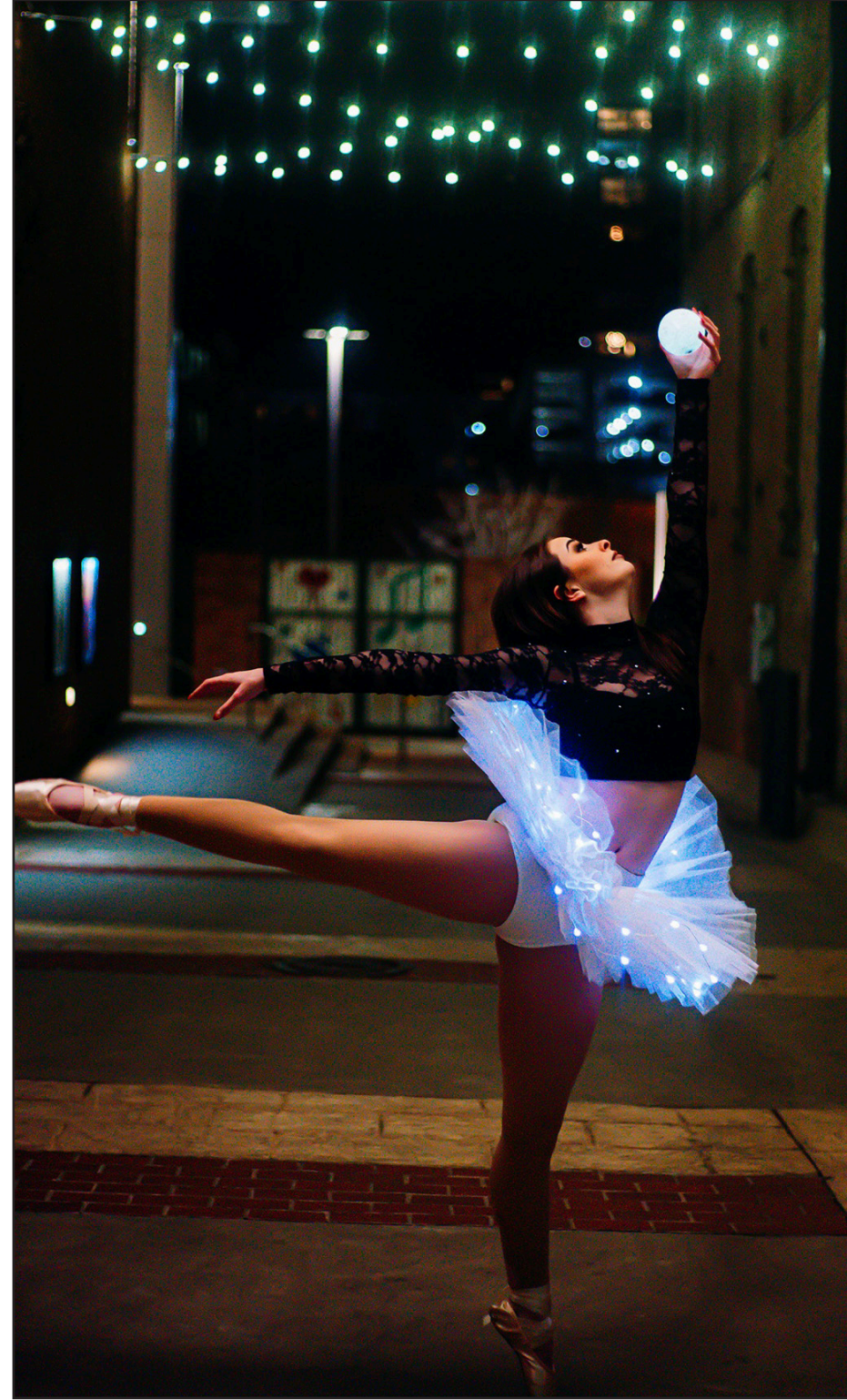
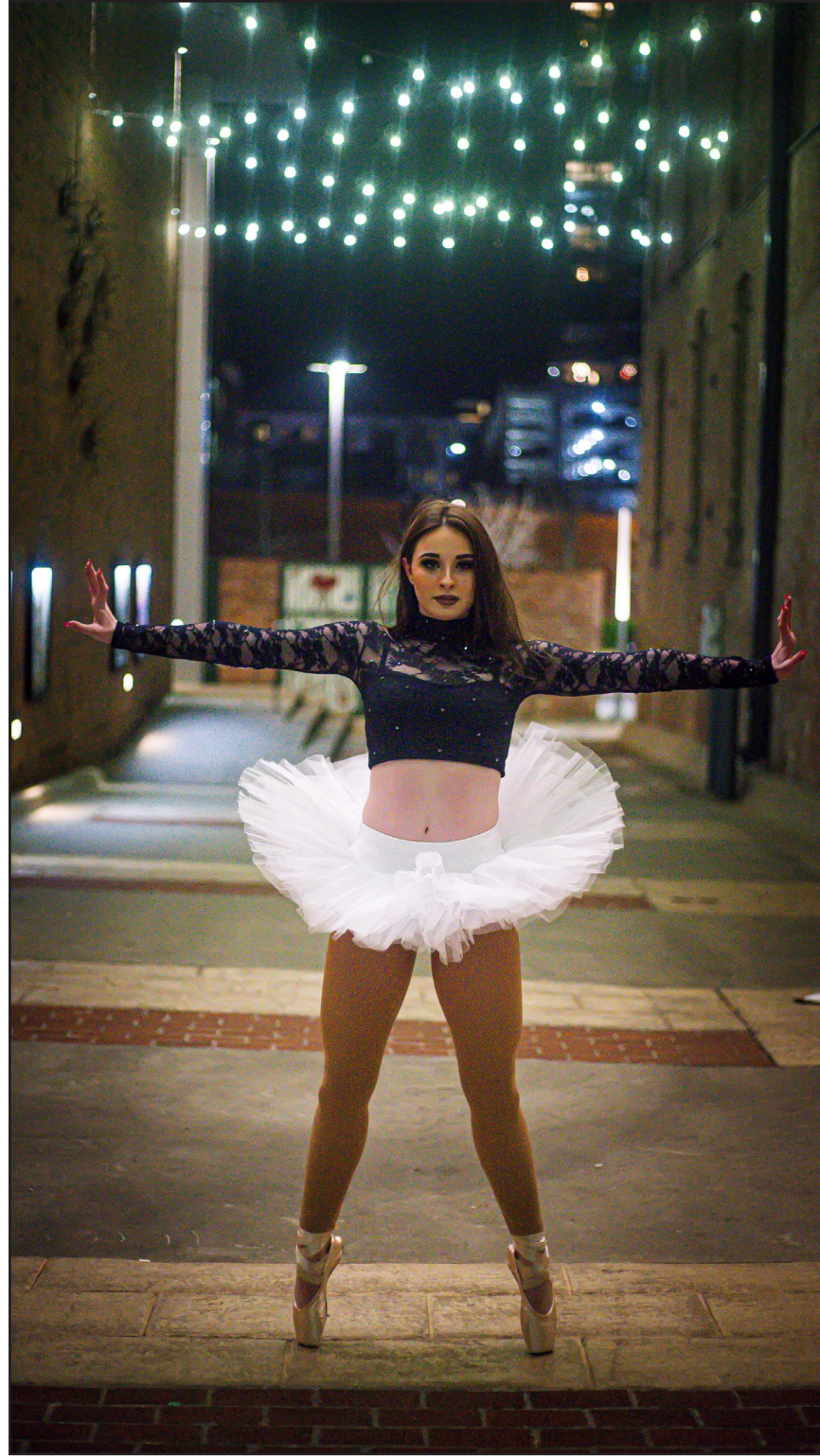
She is also a straight A Honor Roll student in accelerate classes and in the gifted and talented program. Last year she was in the top 20 percentile in the National Noetic Math Challenge. Hailey's dream is to become a special education teacher and to open her own dance studio.

Achievements: Hailey dances for Dream Xtreme Dance by Nikki in Feanklin NJ. They are National Award winner in Ocean City Maryland and Hershey PA. Their productions have won the Ultimate Entertainment Award, 1st overall, numerous judges awards and Battle of the Stars awards. They have also performed twice at Walt Disney World in Florida. During this program they were able to take a professional workshop by Disney Choreographers.

Photographer: DanceBug competition photography





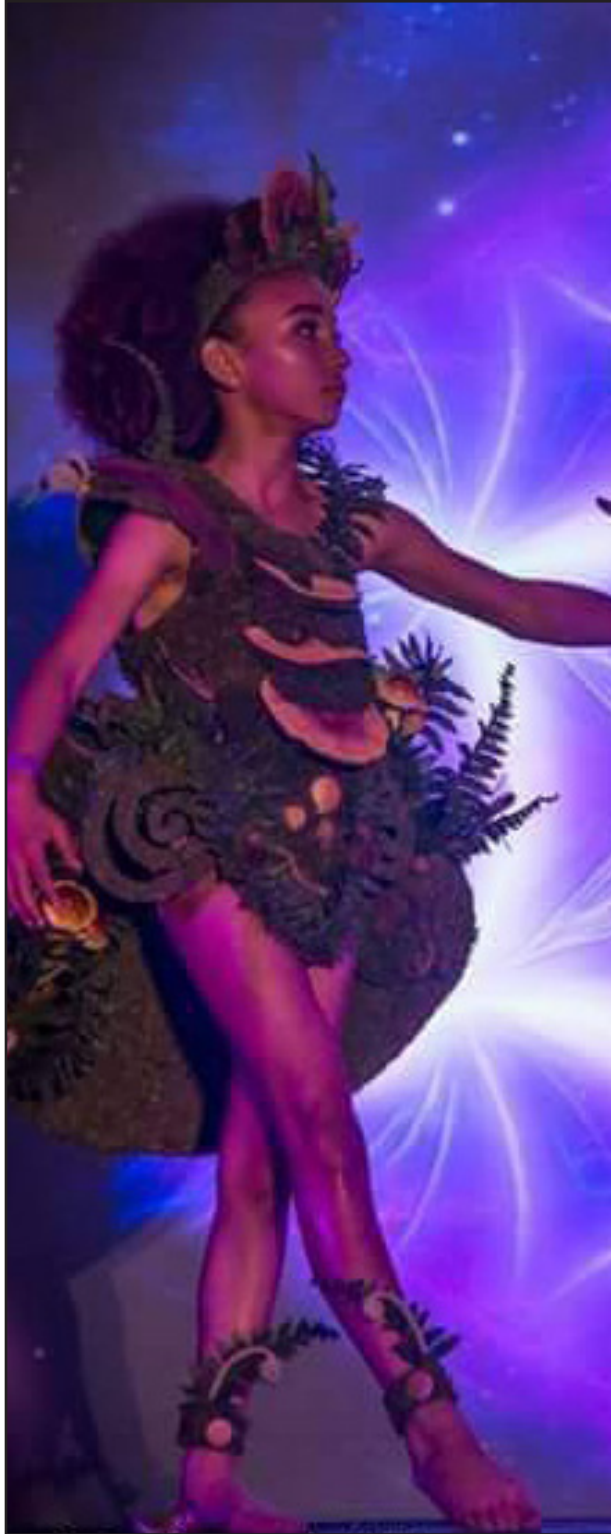


Haley attends Dancers Edge Studios, where she is a member of the Edge Dance Company Competition Team. She competes in Lyrical, Contemporary, Jazz, Hip Hop, Tap and Pointe. Haley has dreams of dancing her whole life, she plans to continue dancing with her dance company until She graduates high school and attend college and get a degree that will help her to open a dance studio. Her challenges would be she is not a flexible as some dancers but she works everyday to conquer that and she more that makes up for it with her emotion that draws you in when she is on stage she is captivating when she dances. She has been dancing since 2016. Her first year to hit competitive stage in 2017 she won TOP Novice National Finals Champion, She has never looked back since. She has won many Double platinum, platinum, overall high point, top five and judges choice awards In The years since.

Achievements: The studio where Haley studies dance is Dancer Edge Studios, INC. they can be found on Facebook & Instagram. They help to mold all their students into champions. Rheanelle Webb & Kaylen Atkinson have won numerous choreography awards and they also bring in Sara Brentwood and John Michael Fowler to train the dancers for competition. The studio is located in Benton Arkansas and Owned by Chelsea Tarver-Gilbreath.

Photographer: Allen Wilson





Jordan dreams of becoming a dance instructor. She is a talented artist, who has an exceptional ability to look after the younger dancers. Being a biracial dancer is one very unique challenge in the dance world. Although there are many new inclusive developments in the realm of dance, eurocentric pressures still exist when it comes to styling hair and having equitable access to dance training. These pressures are compounded as Jordan is raised by a single mother on a fixed income. She lives in a single bedroom apartment with no room to practice, yet she still manages to learn ballet techniques with grace. After six years of hard work, Jordan finally earned her ability to go en pointe. Jordan's determination to learn ballet in the midst of all these various racial, social, and economic stressors proves her dedication to dance against all odds.

Jordan is studying through the Royal Academy Of Dance in Carmel, California. She is currently placed in intermediate foundation. She has won awards in dance and gymnastics competitions; held key roles in "The Nutcracker"; choreographed and designed costumes for "The Big Sur Fashion Show"; and was published as a model in 65 degree magazine.

Achievements: Jordan's dance studio is well known for its RAD training and is located in Carmel, California.

Photographer: Manny Espinosa, Molly Daniels



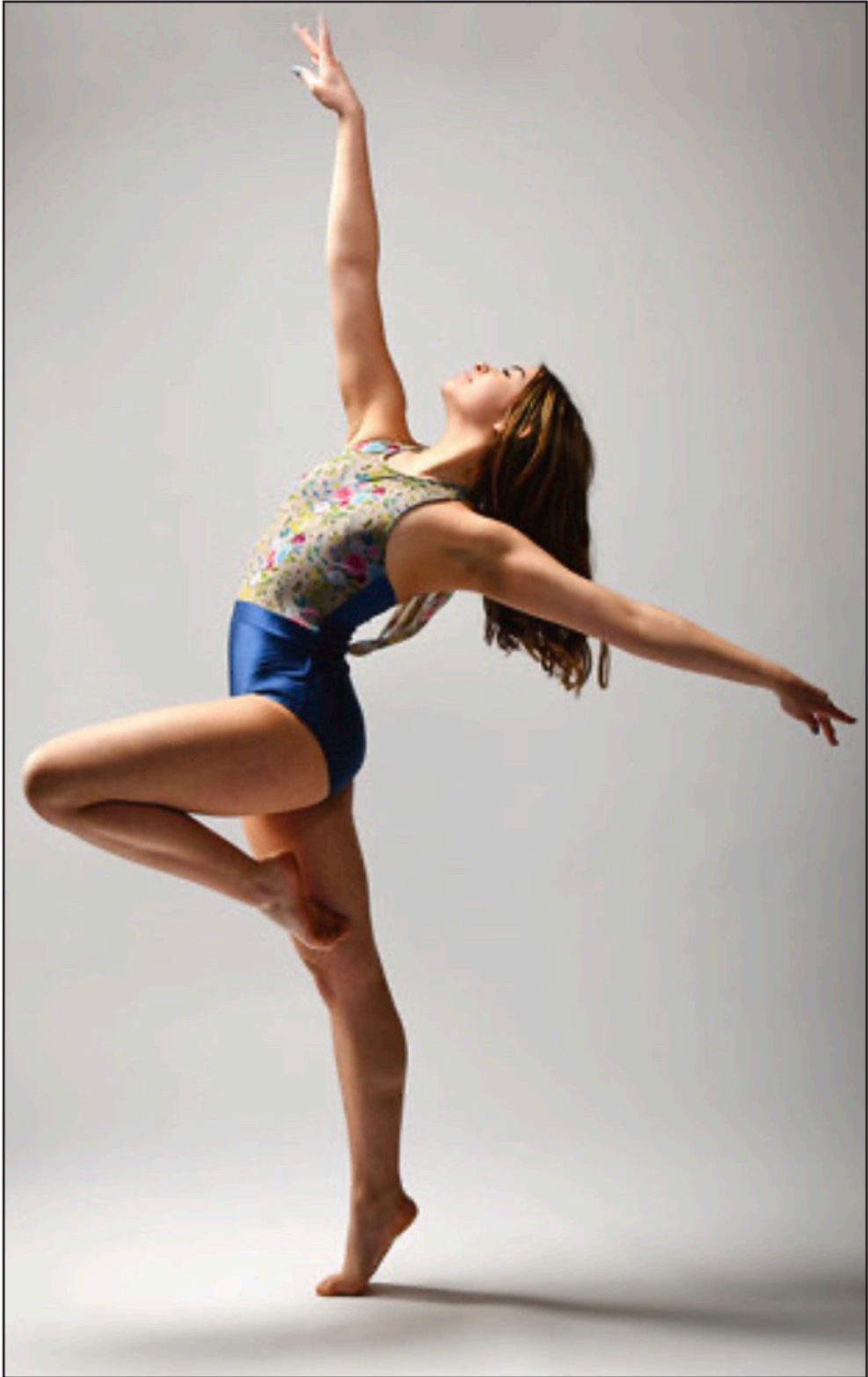


Kailee Hiers is very talented dancer she has been dancing since she was 7 years old. Her dream is to be veterinarian when she graduates from High School. Her challenge is that she needs to learn to control her arms more when she performs she loves dance. She has competed in many dance competition she generally places 1st or 2nd most time. One her achievements was she had one a bid to compete in Hawaii but we could not go.

Achievements: Kailee Hiers attends The Warehouse Athletics



# Marissa Brunner







I live in Staten Island, NY. My family background is Sicily, Italy. In 2012, I attended the Professional Performing Arts High School in Manhattan to study at the Alvin Ailey School. After graduation, I attend Montclair State University to major in BFA Dance. I am now a Senior.

Achievements: Sabrina Petrelli graduated from the Professional Performing Arts High School where she received an award for "Outstanding Achievement in the

Arts" under the Alvin Ailey School. She is now a BFA Dance Major and Scholar at Montclair State University. Sabrina performs with Nathan Trice/ Rituals Dance Theater, and has also worked with Forces of Nature, Antonio Brown Dance, AThomas Project, and Earl Mosley's Diversity of Dance. She has performed works of artists such as Alvin Ailey, Martha Graham, Ohad Naharin, Trey McIntyre, David Parsons, and Matthew Rushing. She is becoming a certified teacher of the May O'Donnell technique under

Nancy Lushington. She has performed internationally, and has also made an appearance as a dancer on the Wendy Williams Show. She was a 2018 Artistic Intern for MOVE(NYC) co-founded by Chanel DaSilva and Nigel Campbell. As the proud assistant to artists Eddie Stockton and Dina Wright Joseph, Sabrina thanks them for guiding her to be a leader and mentor of the dance community in teaching at Purelements an Evolution in Dance.

Photographer: LeVue Photography





My name is Sydney Mizrahi I live in Fort Lee New I'm 14 years old ,ldance at New Jersey Dance Fusion . I've been dance since I was 3 years old. I Dance in many different styles Ballet, contemporary, jazz, Hip Hop, and musical theater. I also like to act as well and been in 4 different movies. The most recent thing I shot was City on a hill which I played a Ballerina. I also like to Draw and play tennis. I live with both my parents and my brother who is 16 and had type 1 diabetes. For the JDRF we do a dance fundraiser once a year which is very fun.



Achievements: Sydney is a shy girl but when she gets into the studio or on stage she feels like she can be free and let herself shine .Sydney love to act and be very creative. Sydney hopes in the future to own her own dance studio so she can teach and give back to others what she learned over the years.Het other dream is to be a designer , right now she is in the process of making a logo for her brand so we can have it patted.

Coaches: Ms Rosemary, Ms Alanna, Ms Ali, and Joe







I started ballet classes when I was 2 years old and stopped when I was 17. I performed in the Nutcracker for several years, danced in recitals and competed. I started kickboxing, moved to college, and quit ballet. Dancing was always on my mind and my heart never stopped yearning to do it, but I thought it was in the past and I probably wouldn't do it again. Fast forward 21 years...I am 38 and have four children (12, 12, 7, and 6). My husband passed away after a 9 month battle with esophageal cancer and my dear friend passed away 16 days later. My heart was hurting in a way

that no words could ever describe. I told my son and daughter's dance teacher (ballroom teacher but has a history in ballet) that I needed to dance. I chose a song and I asked her to choreograph a dance for me to perform at the Christmas showcase. The way I envisioned the dance, I had to dance in pointe shoes. I knew it was risky but I bought the shoes and practiced and it felt so amazing! I performed the dance several times, but the most special performance was for my grandmother. She had dementia and was in a nursing home. I performed for her there and she told me it was "pure

gold." That is a moment I will cherish forever. I promised her I would keep dancing. Now I'm teaching ballet three days a week at the ballroom studio. I feel complete with ballet back in my life.

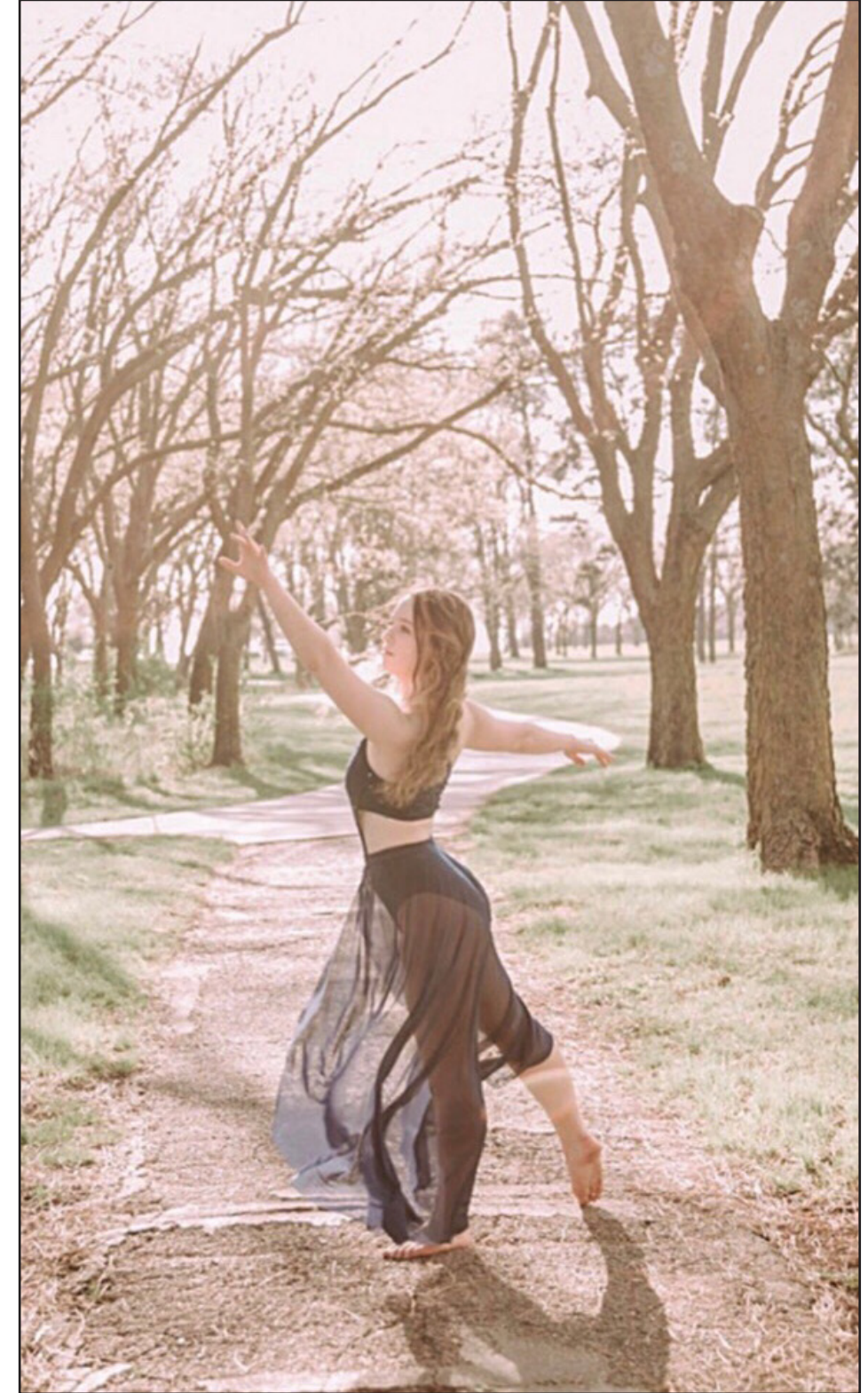
Achievements: Universal Ballroom Dance Studio, Collingswood, NJ. [Universalballroomcenter.com](http://Universalballroomcenter.com), Sandra Fortuna is the owner and teacher at Universal (ballroom, Latin, wheelchair dancing, tap, social dancing). I teach ballet and yoga at the studio.





Starting from the age of three, Riley has danced at Pas de Deux in Lincoln, NE. She is now on her 16th year in participating in her home studio. Riley has been a leader at her studio and also took on leadership roles in teaching classes at her studio. This past year Riley attended York College in York, NE. and joined the school dance team. She has added style, technique, personality, and leadership to the team. On York's dance team she has taken on roles of leadership in helping choreograph basketball halftime routines and game day sidelines. When Riley is not on the dance floor with her fellow team she is spending her time at Kirby's School of Dance teaching dance classes and building relationships with the young dancers there. Riley maintains a 4.0 and is studying Biology at York College. She plans you go onto medical school to become an ear nose and throat doctor. She has a passion and true heart for helping others, assisting others in seeing their imperfections as perfections, and is a great friend to all she comes into contact with.

**Achievements:** Riley is a part of York College Dance Team. The team is a new addition to York's athletics. The dance team just completed their third season this year. With the team being new, it is not a big team. The team finished its third season with five girls and is starting its fourth season in the fall with eight girls. York's team participates in sideline dances for the varsity basketball games and dances during the half time of the men's varsity games. The team shows hard work and dedication every day at practice and works to learn multiple routines at a time. This year they received first place in a duel against another college team, they received their all time high score, had girls get Academic Scholars at All Conference, girls on the Dean's List, one girl make 1st Team All Conference, 2nd Team All Conference, and an Honorable Mention All Conference. Since starting the team three years ago there has been a huge jump in team dynamics, achievements, difficulty in skill level, and dedication. You can find out more information through Coach Bailey on the team's Instagram and Twitter page @YCPanthersCCDT

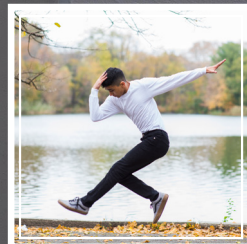
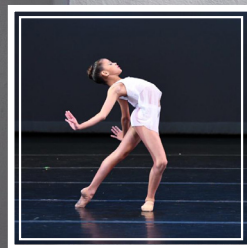




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